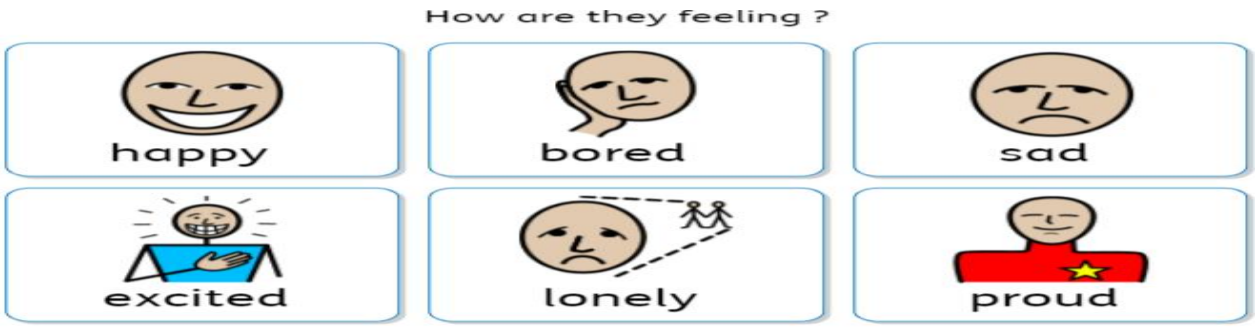
PSHE – Week 6 – Diary of Caring

How can you show your family/friends that you care? When we are stuck at home and a bit bored it can be easy to forget how other people are feeling. This week I would like you to consider how others are feeling and what you could do to show that you care for them.

Remember – your family don't have to be feeling sad! Maybe they are showing how excited they are and you show you care by asking them some questions about how they are feeling and why – you join in with their excitement!



	How are they feeling?	What did you do to show you care?
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		